

# Age groups for the DACHSTEINLAUF 2026

## Age groups 10km & 40km

| Klasse                      | JG von | JG bis | 10km | 40km |
|-----------------------------|--------|--------|------|------|
| AK I Damen                  | 1986   | 1995   | X    | X    |
| AK I Herren                 | 1986   | 1995   | X    | X    |
| AK II Damen                 | 1976   | 1985   | X    | X    |
| AK II Herren                | 1976   | 1985   | X    | X    |
| AK IIIa Damen               | 1971   | 1975   | X    | X    |
| AK IIIa Herren              | 1971   | 1975   | X    | X    |
| AK IIIb Damen               | 1966   | 1970   | X    | X    |
| AK IIIb Herren              | 1966   | 1970   | X    | X    |
| AK IVa Damen                | 1961   | 1965   | X    | X    |
| AK IVa Herren               | 1961   | 1965   | X    | X    |
| AK IVb Damen                | 1956   | 1960   | X    | X    |
| AK IVb Herren               | 1956   | 1960   | X    | X    |
| AK Va Damen                 | 1951   | 1955   | X    | X    |
| AK Va Herren                | 1951   | 1955   | X    | X    |
| AK Vb Damen                 | 1946   | 1950   | X    | X    |
| AK Vb Herren                | 1946   | 1950   | X    | X    |
| AK VI Damen                 |        | 1945   | X    | X    |
| AK VI Herren                |        | 1945   | X    | X    |
|                             |        |        |      |      |
| Allgemeine Klasse w. und m. | 1996   | 2005   | X    | X    |
|                             |        |        |      |      |
| Junioren weiblich           | 2006   | 2011   | X    | X    |
| Junioren männlich           | 2006   | 2011   | X    | X    |

## Age group „Kids race“

| Klasse     | JG von | JG bis | 200m | 400m | 1km | 2km | 2km |
|------------|--------|--------|------|------|-----|-----|-----|
| Zwergel I  | 2021   | jünger | X    |      |     |     |     |
| Zwergel II | 2019   | 2020   |      | X    |     |     |     |
|            |        |        |      |      |     |     |     |
| Kinder I   | 2018   | 2018   |      |      | X   |     |     |
| Kinder II  | 2016   | 2017   |      |      |     | X   |     |
|            |        |        |      |      |     |     |     |
| Schüler I  | 2014   | 2015   |      |      |     |     | X   |
| Schüler II | 2012   | 2013   |      |      |     |     | X   |